

MODULE SPECIFICATION

Module Title	Introduction to Psychology
Module Code	PSY 120
Module Credits	4
Pre-requisites (including Year 1)	N/A

Description

Course Overview
This course offers a comprehensive initiation into the realm of Psychology, a diverse field encompassing the scientific investigation and comprehension of human behavior and cognition. Psychology manifests in various sub-disciplines, each with its unique perspectives and methodologies. The primary objectives of this class include providing you with insights into the historical development and intricacies of these diverse psychological domains, elucidating the research methodologies within psychology, and illuminating the insights gained from research in these domains that enrich our understanding of the human experience.
Method of Teaching and Learning
This module will be taught using a combination of lectures, tutorials and consultation hours. Learning will also be reinforced by appropriate readings from the course text.
Syllabus
<p>Modules</p> <ol style="list-style-type: none"> 1. Introduction to the Course 2. The Science of Mind: The Discipline of Psychology 3. Methods of Psychology 4. Nature and Nurture Intertwined 5. The Physical Basis of Behavior 6. Sensation and Perception <p>Midterm 1</p> <ol style="list-style-type: none"> 7. Elements of Consciousness 8. Emotion and Motivation 9. Learning 10. Memory 11. Thinking, Language and Intelligence 12. Life Span Development <p>Midterm 2</p> <ol style="list-style-type: none"> 13. Personality and the Self 14. Social Psychology 15. Psychological Disorders 16. Therapy 17. Stress and Coping, Health Psychology, and Positive Psychology

Assessment

Assessment Type	% of Final Mark
Paper	10%
Midterm 1	20%
Midterm 2	20%
Final Exam	30%
Homework	10%
Course Participation	10%

<i>Range</i>	<i>Letter Grade</i>
90% - 100%	A
80% – 89%	B
70% - 79%	C
60% - 69%	D
< 60%	U

Textbooks

Mandatory Textbooks

Title	Editor/Author	ISBN/Publisher
Discovering Psychology: The Science of Mind, 3 rd edition	John T. Cacioppo and Laura A. Freberg	9780357689134/Cengage

Optional Textbooks

Title	Author	ISBN/Publisher
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Reference Textbooks

Title	Author	ISBN/Publisher
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